



The South Australian Child and Family Health Nurses association (SACFHNA) would like to invite you to dinner at an event providing professional development and networking opportunities.

Guest speaker: Psychologist Brooke Michell, co-author (with Dr Sarah Blunden) of The Sensible Sleep Solution.

Topic: Toddler sleep issues and management.

Brooke Michell began working at the Paediatric Sleep & Psychology Clinic in 2011, under the guidance of Dr Sarah Blunden. Brooke currently works at the clinic where she is involved in the diagnosis and treatment of sleep disorders in children. Brooke is passionate about assisting people to bring about positive change in the sleeping patterns of their children and feels that these changes can be gradual and respectful to both the child and their parents.

The SACFHNA committee will also update members regarding our national association, the Maternal Child and Family Health Nurses Association (MaCFHNA) including information about the upcoming election.

When: Thursday 2nd April 2020, dinner from 6pm, presentation from 7pm.

Where: The Alma Tavern. 66 Magill Rd, Norwood.

Dinner will be provided for SACFHNA members and those purchasing membership on the evening.

Cost: Free for SACFHNA members. \$30 for non-members. Membership available on the evening for \$80.

SACFHNA would like to extend a special invitation to those new to Child and Family Health Nursing. Membership of SACFHNA not only provides valuable professional development and networking opportunities, but gives a voice to our specialty and those we care for, the children and families of South Australia.

RSVP by 26th March: info@sacfhna.com